

SOCIAL MEDIA POLICY

Hastings Heat J.O. Volleyball

Being a member of the Hastings Heat Junior Olympic Volleyball program comes with several responsibilities. Some of these responsibilities include; showing respect for your community, your school, your program, your team, and yourself.

Social media outlets (Facebook, Twitter, Instagram, Snapchat, etc.) are an integral part of many people's daily lives. While it may appear that these outlets are private, they are in reality very public. Whether intentional or not, the posts that we present to our friends and social sphere are often posts to our entire community. The community includes parents, administrators, teammates, and young impressionable members of our community that look to us as mentors/leaders.

As a member of Hastings Heat J.O. Volleyball you are expected to hold yourself to high standards when in public and when using social media. The following are expectations of Hastings Heat J.O. Volleyball players when using social media:

- 1) Do not post sexual content: Nothing explicit, suggestive, or objectifying.
- 2) Do not make references to alcohol or drugs: No pictures or discussions.
- 3) Do not insult others and do not participate in or instigate challenges or battles.
- 4) No swearing or using inappropriate language.
- 5) You are responsible for monitoring your account and profile pages. If someone posts something disrespectful or violates the above said expectations, take it down immediately.
- 6) The above expectations apply to reposting of other people's messages, or posting of inappropriate song lyrics, quotes, etc.

Failure to adhere to these expectations can and WILL affect your membership and placement on the TEAM. Mistakes happen, however, consistent mistakes can indicate a lack of commitment to the TEAM. Part of building a TEAM is sacrificing parts of the individual for the overall wellness of the TEAM. Remember...You are representing Hastings Volleyball at ALL times.

Any player in violation of the set expectations will be reprimanded. Reprimands include, at a minimum, a one match suspension. Anything thereafter will result in permanent removal from the program for the current season.

It's rather simple...If you don't think you should post it...DON'T post it!!!

PLAYER SIGNATURE & DATE

PARENT SIGNATURE & DATE